

Transformation Game

Demonstration Instructions and Overview

Hello!

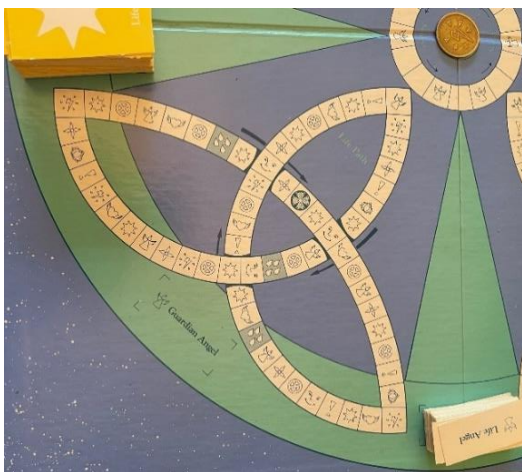
The Transformation Game is really a personal discovery experience disguised as a game. While it may look like a board game, I can assure you that it is so much more. Because it is so much more, I am providing more detail than you would ever expect before playing a game, even complex ones like Risk. So, hang in there, and keep reading. It will all become clearer when the game begins.

From personal experience, I can tell you that it truly provides a transformative experience. I've played The Transformation Game for over 25 years, and each time I grow, gain profound insights, and open to another level of life experience. In 2016, I travelled to Findhorn, Scotland, where the game originated to take a very robust training to become an Accredited Advanced Transformation Game Facilitator. If you don't know already, you will soon know how dedicated I am to this game and that I love this game and how it can help reveal what's been hidden within.



About the Transformation Game:

The Transformation Game illuminates patterns, offers insights towards new directions, and supports change and transformation. The in-depth journey is marked with realizations, obstacles, angels, and miracles. Gain awareness and heal pain as you advance through physical, emotional, mental, and spiritual realms. It's an effective way to clarify important issues, resolve conflicts, and creatively enhance relationships.

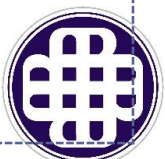


← This is a picture of a life path. The game has four, one for each player. In the top right corner of this image is the Source, and the Intuitive Flash Coin. Just below that, there is a tiny Angel on the path. That is where your 'life' begins and the path you will travel as you roll the die and move your token along. Please bring a die to use in the game.

As you play, you may hear potential trigger words like depression, consequences, pain, etc. Please know that they are energetically neutral and only bring information and opportunity for reflection. There is no right/wrong, good/bad in The Game. At the same time, the game does reflect life, your life, what you value, resist, and are asking to know.

Game Play Overview:

"The Game begins with players choosing an individual Playing Focus (question or intention) which provides the foundation of the Game. Each player is born onto the Physical level and will then receive a red Physical level Scorecard. As you move along your Life Path on the game board,



you experience different squares by following instructions given. As a result, you will become conscious, gain awareness, and begin to fill up your Physical level Scorecard. You may also experience Pain. Once you have mastered the Physical level and completed your red Scorecard you move to the orange Emotional level, then to the yellow Mental level, and finally to the purple level which represents the Spiritual dimension.”

How to prepare:

- This Free Demonstration is designed to show you about the history and impact of the game, how the game is played, its benefits, and then to take a few turns to experience the game. It's just a taste of the game, but it's enough for you to absolutely gain insights on your chosen topic.
- **Playing Focus:** Set aside some quiet time to sit and think about your life. Where it is and where it's going. What do you FEEL as you scan your life? You want to choose a particular issue that you are currently dealing with in your life, one that you would like to resolve through the Game. As you hold this one focus in mind while playing, your experiences in the game will provide clarity, understanding, feedback, and new directions on your specific issue. The Game will reach to the heart of your issue and move you as deeply as you are willing to experience.
- State an intention, the more specific the better. For example:
 - I trust myself to make healthy choices.
 - I intend to treat myself with love.
- Come prepared with comfortable clothes, temperature, drinks, snacks. Take a bio-break prior, notify the family/colleagues, then come ready for an amazing journey of self-discovery! If at all possible, we ask for no interruptions during the game, including going to get water. We are building a collective and sacred energy that we want to maintain throughout the Game session.
- Bring an open heart and mind.
- Bring one die that you will use to roll at the beginning of your turn. Or go to www.random.org, choose to roll 1 die, then get ready to roll when it's your turn.
- If you haven't already, please download the Zoom application, www.zoom.us, then do a test run before we connect to be sure you can get logged in. You'll want to set your view to Gallery. You'll find that option when you put your cursor in the top right of the black screen where your picture shows. This will allow you to see me and the game board.
- Print or open the handouts you were sent:
 - Life Path Symbols and Descriptions
 - Instructions and How to Prepare
 - Blank Scorecards
- Please login in a couple of minutes early so that we can maximize our time together. There will be a short introduction to the game, its inspiration, its power, and how to play. Then each of you will get time to state your intention. I will guide you through every step in the journey.

Thank you for playing the game and allowing me to share the insights it offers!

Please Note: If for some reason you must cancel your participation in this experience, please let me know as soon as possible. There are only four seats, making each one super valuable. So, if you can't be with us, I'll need to find someone else. Thank you!

